



# ASIA PACIFIC PSYCHIATRIC REHABILITATION CONFERENCE SINGAPORE • 6 – 10 OCTOBER 2008

INSTITUTE OF MENTAL HEALTH  
@ Buangkok Green Medical Park

## “Transforming Lives in every aspect of our work”

Celebrating 80 years of mental health development and services in Singapore and the region

### Highlights from 80 speakers covering over 100 topics:

- Psychiatric Rehabilitation Principles
- Mental Health in Singapore
- Caregivers Perspective
- Patients' Journey
- Research in Mental Health
- Advocacy
- Women's Mental Health
- Men's Mental Health
- Mental Wellness & Mindfulness
- Resilience In Children
- Addiction
- Elderly Care
- Medico-Legal Issues
- Mental Health First-Aid
- Integrated Care In Singapore
- Traditional Chinese Medicine (TCM)
- Spirituality and Mindfulness
- Recovery and Rehabilitation: A Paradigm for the New Millennium
- Useful skills including Hypnosis, Neuro-Linguistic Programming, Motivational Interviewing, Psychotherapy, Counseling, Family Therapy



Professor Robert Paul Liberman



Professor Kim Mueser



Professor Wong Kim Eng

Covering all key aspects of mental healthcare in  
8 Pre-Conference Workshops  
21 Plenary speeches  
9 Main Symposiums  
36 Parallel Sessions

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Mr Subhas Anandan



Professor Chee Kuan Tee



Professor Marianne Farkas



Mr Ajahn Brahmavasco



Ms Gayathri Ramprasad

### Who Should Attend?

- Psychiatrists • Psychologists • Policy makers • Academics • Mental Health Nurses
- General Practitioners • Social Workers • Occupational Therapists • Researchers
- Educators • Healthcare Workers • Healthcare Administrators • Field Health Workers
- Care Givers with an interest in Mental Health

## Join us for an opportunity to network with fellow professionals!

Organisers:



Co-Organisers:



Singapore Psychiatric Association



Social Service Training Institute  
An Agency of NCS



Association for Psychiatric Rehabilitation (Singapore)



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